Expanding into Hunger Relief

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Community Alliance for Education and Hunger Relief
Hunger in Colorado

- 1 in 10 adults
- 1 in 6 children
Disproportionally associated with obesity, type-2 diabetes, and heart disease

Explore more:
Robert Wood Johnson Foundation & Feeding America
Food Insecurity

Household-level economic and social condition of limited or uncertain access to adequate food.

Any calories will do  →  Foods that support an active, healthy life

Limited access to healthy food complicates management of chronic diseases.

www.endhungerco.org
Approaches to Addressing Food Insecurity

Affordability: Help people afford to purchase healthy food

Access: Ensure access to healthy food through multiple modalities

Education: Encourage behavior changes to promote consumption
What is our safety net?

Commercial Food System

- Federal Programs (SNAP & WIC)
- State/Local Programs

Increase enrollment → Food deserts → Affordability & Access

Affordability
Access
What is our safety net?

COMMUNITY Food System

Federal Programs (School lunch, CFSP) → Enrollees → Affordability & Access

State/Local Programs → Enrollees → Access
Challenges of Healthy Food within Community Food System

- Procurement – donations, food rescue, purchase price
- Food systems – transportation, storage, waste management
- Staff training – safety, knowledge of food
- Consumption – appeal, cultural relevance, knowledge
Role for CSU in Community Food System

AES

Procurement
Food systems

EXT

Training
Consumption
Why should AES and EXT be involved?

Colorado agriculture, local business leaders and farmers are critical to healthy food distribution and access.

- How do I help?
- New community connections and goodwill
- Expands opportunities for CSU faculty and students
- Can be done with low impact to station
- Opens up potential new funding streams

Endhungerco.org
What are other states’ AES & EXT doing?

AES
- San Luis, Arkansas Valley, Hort Farm, Yellow Jacket
- Growing Together: Iowa State, WI, NE, and ND
- Oregon
- University of Maryland
- University of Wyoming

EXT
- University of Wisconsin
- University of New Mexico and New Mexico State University
- University of Missouri, Cornell, University of Maine,
Moving Forward

One Health Institute/OVPR Grant

Support from WCRC – collaborations, food insecurity tab & common name, tips/tools on getting involved
Thank you

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