

AgrAbility Resource List*

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Colorado State University Extension 970/491-5648

<http://www.agrability.chhs.colostate.edu/>

CSUE Fact Sheets are available from CSU's "Other Bookstore" at 970/491-6198 or via:

<http://www.ext.colostate.edu/pubs/pubs.html>

- Children's anger and tantrums (no. 10.248)
- Youth and suicide (no. 10.213)
- Managing stress during tough times (no. 10.255)
- Making decisions and coping well with drought (no. 10.256)
- Farming and ranching: Health hazard or opportunity? (no. 10.201)
- Ranching and farming with family members (no. 10.217)
- Transitions and changes: Who copes well? (no. 10.215)
- Transitions and changes: Practical strategies for making new beginnings (no. 10.214)
- Dealing with our anger (no. 10.236)
- Dealing with others' anger (no. 10.237)
- Dealing with couples' anger (no. 10.238)
- Manage anger through family meetings (no. 10.249)
- Family Life Web Sites (no. 10.253)

Goodwill Industries of Denver

6850 Federal Blvd.
Denver, CO 80221

AgrAbility Staff thru Goodwill Industries of Denver:

AgrAbility serves owners, operators, hired hands, and farm workers.

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National AgrAbility Resources

Purdue University, 1-800-825-4264 <http://agrability.org/>

750 practical AssistiveTechnology Ideas for farmers and ranchers are at:

<http://agrability.org/Toolbox/index.cfm>.

Purdue University Breaking New Ground Resource Center 765/494-5088 (Voice/TT)
800/825-4264

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www.breakingnewground.info Click on BNG Resource Center and then click on Resource Center Order Form to purchase any of the following resources.

- 1) *The Toolbox*. Agricultural tools, equipment, machinery & buildings for farmers and ranchers with physical disabilities (2000).
- 2) *The Toolbox CD* (2007).
- 3) Plowshares Technical Articles. These are 30 technical articles on a variety of subjects. Each focuses on some aspect of farming/ranching with a disability.
- 4) *Barn Builder*. A Peer Support Network for Farmers and Ranchers with Disabilities and CareGivers (2007).
- 5) *Enterprising Ideas*. For Farmers, Ranchers and Rural Families with Physical Disabilities (1993).
- 6) *Modified Agricultural Equipment: Manlifts for Farmers and Ranchers with Physical Handicaps* (1987).
- 7) *To Everything There Is a Season...A Guide for Caregivers of Farmers and Ranchers with Disabilities* (1997).
- 8) *4-H Perfect Fit Leader's Kit* (1996).
- 9) *Making Career Decisions Following a Disability: A Guide for Farmers and Ranchers* (1999).
- 10) Breaking New Ground Newsletter

Other Resources:

Job Access is a comprehensive web site dedicated to the employment of people with disabilities. The goal is to provide employment opportunities for people with disabilities with the hope of reducing their 70% unemployment rate.

<http://www.jobaccess.org/>

The EnableLinker, *Canadian Abilities Foundation* at the following web site, www.abilities.ca/, **sometimes has items**, such as cars with hand controls, modified vans, scooters, etc., listed under their classifieds link. It might be worth checking from time to time, if you happen to be looking for any such items.

If you're interested in **alternative fuel sources** like biodiesel, ethanol, solar, and wind power, take a look at ICAST (International Center for Appropriate and Sustainable Technology) www.icastusa.org.

Federal Resource Center for Women with Disabilities. The **National Women's Health Information Center** (NWHIC) provides summaries about critical health issues for a variety of disabilities. It is designed to provide information on how women are uniquely affected by health concerns that threaten the general population, as well as on health issues that are exclusive to women. They provide a toll-free information number (1-800-994WOMAN) and a hotline at 1-800-994-9662 (voice) or 1-800-220-5446 (TTY).

<http://www.womenshealth.gov/>

Guidelines for Children's Agricultural Tasks. Parents who want their children to be safe in agriculture can obtain guidelines. The guidelines were prepared by a team of

more than 150 farm parents, teen workers, agricultural safety and child development specialists and others led by the National Children's Center for Rural and Agricultural Health and Safety, MCHB's Safety Network grantee, in Marshfield, WI.

<http://www.nagcat.org>

Farm Safety and Health Digest. The purpose of the Digest is to highlight recent research findings and provide information and knowledge useful to various farm safety advocates around the country. <http://safety.cfans.umn.edu/fshdigest/>.

Warning signs must be posted to warn agricultural workers in advance about **pesticide applications**. This web site provides worker protection warning signs in a number of languages: <http://www.epa.gov/pesticides/safety/workers/warning.htm>

Newsletter by the National Clearinghouse of Rehabilitation Training Materials. The purpose of this newsletter is to provide information and training resources to persons with disabilities. <http://ncrtm.org>

Universal Design & Home Accessibility. This web site provides links to information about home modifications and a variety of adaptive devices that can be used to assist persons with disabilities to remain active in their lives.

<http://www.extension.iastate.edu/UniversalDesign/Building>

Fact Sheets on **Caring for Children with Special Needs** are available through the National Network for Child Care.

<http://cyfernet.ces.ncsu.edu/nbcc/index.php?mode=b&c=110>

Depression is a serious, life-threatening condition that affects an estimated 19 million Americans. Knowing the signs and symptoms can help people know when to seek professional help.

<http://www.depression.org>

<http://www.allaboutdepression.com/>

<http://www.nimh.nih.gov/publicat/depression.cfm>

<http://www.nlm.nih.gov/medlineplus/depression.html>

Free depression screening assessments are available at the following Colorado facilities:

Jefferson Center for Mental Health

303-425-0300

Depressive and Manic Depressive Assoc., Colorado Springs

719-477-1515

Mental Health Assoc., Colorado Springs

719-633-4601

Counseling & Educational Services Clinic, Denver

303-871-3230

Interactions Counseling, P.C., Englewood

303-796-7908

Remember to look in the front of your telephone book for a place that is close to you.

1-800-SUICIDE is a suicide prevention, crisis intervention, and referral telephone number. It offers a live human being to listen to depressed and suicidal callers and refer them to local resources 24 hours per day.

TherapistLocator.net is a good resource for finding **marriage and family therapists** in your area. <http://therapistlocator.net>

To find local behavioral health professionals, you can go to the following web sites:

<https://www.doradls.state.co.us/alison.php>

<http://therapistlocator.net>

http://therapists.psychologytoday.com/ppc/prof_search.php?iorb=4764

http://www.networktherapy.com/directory/find_therapist.asp

<http://therapists.americanmentalhealth.com/therapistlocator.page1>

Support groups can be very helpful in adapting to a permanent or chronic disability.

-*Neighbor to Neighbor: A Do-It-Yourself Guide for Organizing Farm Family Support Groups*. (1987). (Available from Roger T. Williams at 1-800-362-3020, Ext. 3-4431 or 1-608-263-4432. University of Wisconsin-Madison.)

-*Self-Help Groups*. (1985). (Available from Iowa State University Cooperative Extension Service.)