

**Medicinal and Value-Added Uses of Plants:  
A Chemical, Biochemical and Ethnobotanical Perspective**

**Meeting Time**

Tuesdays and Thursdays 11:00-12:15 PM (Shepardson 212)

**Instructors**

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Office hours by appointment

**Summary**

This is a 3-credit course offered at the 400 level, and is designed to provide a broad perspective on the development of crop agriculture and more recent value-added uses of plants. More than just conventional lecturing, this interdisciplinary course is supplemented with lively discussions, scientific paper readings, and invited speakers. This course is designed to demonstrate the alternative uses of plants in our society, with active student participation in the learning process. In addition, the course will present an introduction to agricultural sustainability. Finally, through invited presentations given by visiting professors and company scientists the student will get a perspective on the range of cutting-edge research on medicinal and value added-uses of plants, as well as on methodology, techniques and politics behind the science. Course materials will be available on RamCT.

**Course Objectives**

Upon completion of this course, the successful student will achieve:

1. An interdisciplinary overview of the value-added uses of plants.
2. An understanding of unique biochemical processes in plants.
3. The ability to integrate related knowledge from different disciplines.

**Reflection Papers**

This course will feature several guest speakers with unique perspectives and experiences. You will be asked to write two brief reflection papers, on guest presentations of your choice. A guide for these reflection papers will be provided.

**Class Presentation**

Because of the range of subjects covered in the class, it is difficult to conduct an in-depth critical analysis of every single topic. In order to provide hands-on experience in journal-quality data analysis and class delivery, each student will be required to prepare a critical review of current refereed journal articles and books related to a topic and conduct a 30-45 minute presentation on the topic. Examples of journals with appropriate articles are *Economic Botany*, *Journal of Ethnobiology*, *Journal of Ethnopharmacology*, *Plant Physiology*, *Horticulture*, etc. The student and the instructors will carefully select the topic to be covered by the student. The instructor and the student will meet at least two to three times prior to the student's lecture. We will aim to have student presentations cover a diversity of topics. If you are interested in a particular topic sign up for it early, or we may ask you to cover a different topic!

**Class Participation**

The success of this course depends on student participation in the lectures and class discussions. Students from a range of departments and academic backgrounds enroll in this course, providing a unique

opportunity for students to contribute valuable, diverse, and complementary input during class discussions. Therefore, students will be strongly encouraged to ask questions, participate in discussions, and help each other in the various activities. Additional discussion will take place outside of the classroom, on RamCT. Each student will anonymously evaluate & offer feedback on two student presentations. Required readings will be assigned for some class periods.

### Grading

First exam	20%
Reflection papers (2)	20%
Final exam	25%
Class presentation	25%
Class participation	10%

### Scale

A: 90-100%
B: 80-90%
C: 70-80%
D: 60-70%
F: below 60%

### Prerequisites

This is a reading-intensive and discussion-oriented course which assumes basic knowledge of biology/botany (BY 103, BZ 120, BZ CC 120) and/or chemistry (CCC 107, CCC 108, CCC 111, CCC 113 or BC 351). Students with minimal background in any of these areas are strongly encouraged to consult introductory textbooks in order to become familiar with the basic concepts and vocabulary.

### Recommended Readings

Buchanan, B.B., Gruissem, W., Jones, R.L. 2000. *Biochemistry and Molecular Biology of Plants*. American Society of Plant Biologists, Rockville, MD, 1367 pp. (**recommended textbook**)

Heiser, C.B., Jr. 1990. *Seed to Civilization - The Story of Food*. Harvard University Press, Cambridge, MA, 228 pp.

Hobhouse, H. 1986. *Seeds of Change: Five Plants that Transformed Mankind*. Harper & Row, New York, 252 pp.

Simpson, B.R., and M. Conner Ogorzaly. 2000. *Economic Botany: Plants in Our World*. McGraw-Hill, New York, 640 pp. (**recommended textbook**).

Smith, N.J.H., J.T. Williams, D.L. Plucknett, and J.P. Talbot 1992. *Tropical Forests and Their Crops*. Cornell University Press, Ithaca, NY, 568 pp.

Sokolov, R. 1991. *Why We Eat What We Eat*. Summit Books, New York, 254 pp.

Swrdlow, J.L 2000. *Nature's Medicine: Plants That Heal*. National Geographic Society, Washington, D.C., 400 pp.

## COURSE SCHEDULE

\* Readings should be done *before* the class period in which they are listed.

### January 21

Class introduction and overview

### January 23

The origins of agriculture, and impacts of plants on civilizations

Reading: Bernhardt. *Natural Affairs*. Chapter 3.  
Diamond. *Nature*. 2002.  
Simpson, B.R. Chapter 2

### January 28

Domestication and the Columbian Exchange

Readings: Van Tassel. *Evolutionary Applications*. 2010.  
Simpson, B.R. Chapter 1

### January 30

The Green Revolution, and the International Agricultural Centers

Readings: Please review the websites of IRRI (<http://irri.org/>) and  
CIMMYT (<http://www.cimmyt.org/>)  
Simpson, B.R. Chapter 19

### February 4

Biodiversity: why is important and how to preserve it.

Beyond the 21 crops that are heavily cultivated worldwide

### February 6

Concepts and terminology related to medicinal plants and medicinal/health related compounds

Readings: Simpson, B.R. Chapter 11

### February 11

Dr. Corey Broeckling

Instrumentation and applications of metabolomics in plants

Facility Manager

Proteomics and Metabolomics Facility

Colorado State University

### February 13

Dr. Tiffany Weir

Phytochemicals and human health

Assistant Professor

Department of Food Science and Human Nutrition

Colorado State University

Readings: Simpson, B.R. Chapter 11

### February 18

The 4<sup>th</sup> agricultural revolution; sustainability and biodiversity

- Plenty of examples: urban/forest gardens, improving biodiversity in local communities, restoration projects, cover crops, phytoremediation, etc.

Readings: Simpson, B.R. ó Chapter 19

**February 20**

Flavor and aroma of wine/grapes

Dr. Stephen Menke

**CSU Western Colorado Research Center**

Enology: flavor and aroma of wine

Readings: Simpson, B.R. ó Chapter 14

**February 25**

Dr. Dean Stull ó former owner of Hauser Inc., and consultant of plant-based products

Medicinal plants and phytochemicals: perspective from Bio-Pharma

Readings: Simpson, B.R. ó Chapter 11

**February 27**

Dr. Raul Urbina, CEO, Stevia One

Sugar and sugar substitutes

Readings: Simpson, B.R. ó Chapter 7

**March 4**

Sustainable products in agriculture

Michael Salman

Horizon Ag Products

**March 6**

Beneficial microbes and other sustainable products in agriculture

Dr. Daniel Van der Lelie

FMC Corporation

**March 11**

Dr. Terry Opgenorth

CSU Ventures

Drug Discovery and Development

**March 13**

First Exam

**SPRING BREAK**

**STUDENT PRESENTATIONS BEGIN**

**March 25 & 27** ó Plants and traditional cultures

**April 1 & 3** - Plants & the Senses: Fermentation

**April 8 & 10** ó Plants & the Senses: Flavor and terroir

**April 15 & 17** – Medicinal & value-added compounds from plants

**April 22 & 24** ó Other uses of plants

**April 29 & May 1** - Plant biochemistry / Miscellaneous presentations

**May 6 & 8** - Miscellaneous presentations & Review session

**May 13** ó Final exam